



GENERAL INFORMATION

- Patients wanting to access local dental services should check on NHS Choices for availability
- Pharmacists are encouraged to be aware of local NHS dental practices which patients can be signposted to
- Community pharmacy teams and local dental teams should aim to work together to enhance patient care
- Patients can also contact NHS111 if they require urgent dental care



ADVICE

- Patients should be encouraged to visit a dentist regularly to prevent dental disease
- To ensure good oral health good oral hygiene should be practised, including brushing twice daily and the use of floss or interdental brushes between teeth
- Diet Advice – reduce the frequency and amount of sweet foods and drinks
- Smoking Cessation Advice
- NHS dental treatment is free for children under 18 or under 19 and in qualifying full-time education
- Women are entitled to free NHS dental treatment during pregnancy and any treatment commenced before their child's first birthday



WEBSITE

- Dental Advice on [NHS Choices](#)
- Information on [NHS dental charges](#) can be found on NHS Choices



FURTHER INFORMATION

- [Delivering Better Oral Health](#)
- [Oral Ulcers](#)
- [SDCEP Management of Acute Dental Problems](#)
- [British society of Paediatric Dentistry](#)
- [Temporo Mandibular Joint \(TMJ - Jaw Joint\)](#)